

The Boxer Briefs Pattern Instructions



These boxer shorts have four options and are suitable for girls or boys. They can also be worn as gym shorts.

Materials

For the Boxer Briefs—use oddments of single jersey fabric with 4 way stretch. You can use fabric from old T shirts etc, or approx. 1/4 meter/yard of jersey fabric. Fabric used in the briefs shown was from www.myfabrics.co.uk—You can use contrast fabrics as you like.

You will also need;

Soft elastic - 1 cm wide x 46(48,50,52,54,56,58,60) cm.

Sewing kit including straight stitch sewing machine. Matching polyester sewing thread.

Ball point sewing machine needles — **change** these needles frequently.

Fine line vanishing fabric marker.

Wash the fabric before use to allow it to shrink. Wash in a machine at the recommended temperature (Usually about 30°) with natural soap. Or in the way that you intend to wash them.

Ruth Maddock Makes

clothes to make kids happy

Cutting Out

Print out the pattern PDF. Tape the pattern pieces together ensuring all lines and diamonds are matched. Cut out the correct size paper pattern. Place the pattern on the fabric as shown and draw round with the pen—marking all the pieces on the fabric before cutting out. Make sure that you cut pieces that need to be ‘mirrored’ correctly, and place required pieces to fold. Mark any features/notches as specified on the pattern. The marking pen lasts approx 48 hours but can be washed out with cold water. (see full instructions with pen) The pictures may be clearer if you view these instructions on your PC or Mac.

Making the Girls Briefs

1

With **wrong sides** together pin the side seams together and then using a straight stretch stitch if you have one on your machine, or a straight stitch but pulling the fabric slightly, sew 1.5 cm in from cut edge. Trim the seam allowance of the back panel of the pants (as below). Press the seam.

TIP: Remove the pins as you sew to avoid blunting or breaking the needles



2

With the wider seam allowance laid over the trimmed seam allowance topstitch approx. 6mm (1/4 inch) from the first line of stitching. Trim the excess seam allowance.



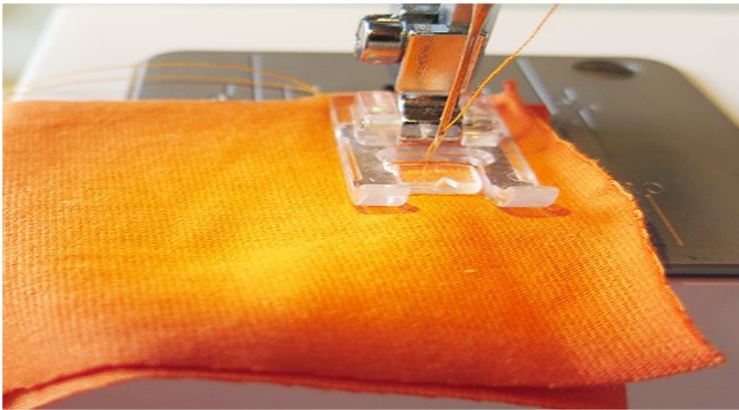
3

With **wrong sides** together pin the long side of the gusset piece to the curved crotch seam. Sew the seam 1.5 cm from the edge as given for the side seam. Stretch as you sew to prevent puckers.

TIP: Pin along the sewing line as shown.

4

Trim the gusset side of the seam allowance. Pin the wider seam allowance over the trimmed seam allowance topstitch approx. 6mm (1/4 inch) from the first line of stitching –stretching as you sew. Trim the excess seam allowance. Work both gusset seams the same



5

With **right sides** together pin the short sides of the waistband, and leg bands. Sew 1.5 cm from edge. Press the seams open.

6

Place **right side** of the leg band to **wrong side** of the leg opening and pin together stretching the leg band onto the leg opening slightly. (place the leg band seam to the rear gusset seam) Sew using shallow zig zag stitch 1 cm from cut edge. (1 cm seam allowance)



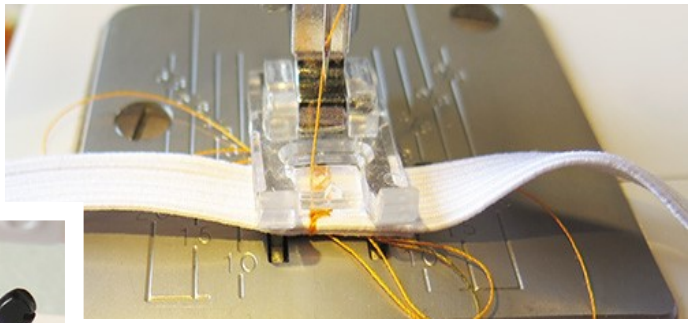
7

Fold the leg band over to the right side enclosing the seam allowance pin into place and using wider zig zag sew around leg approx. 1 cm from folded edge. Trim excess seam allowance. Work both legs the same.



8

Overlap the ends of the elastic by 1cm and sew into a round—take care not to twist it.



9

Match the seam of the waistband to one of the side seams, and with **right side** of the waist band to **wrong side** of the waist pin together stretching the waist band onto the waist (evenly). Sew using shallow zig zag stitch 1.5 cm from cut edge.

10

Trim the seam allowance of the waistband.



11

Mark the quarter and half way points on both the elastic and the waistband, then pin the elastic on top of the seam allowance matching the marks. Sew the elastic to waist band with zig zag stitch—stretching to fit.

12

Fold the waist band over to the right side enclosing the seam allowance and elastic. Pin into place and using wider zig zag sew around waist approx. 1.5 cm from folded edge. (stretching as you sew) Trim excess seam allowance.



Making the Boys Briefs

1

These are the pieces for the boys briefs with fly and 'comfort shaping'.



2

Place **right side** of the fly band to **right side** of the fly shaping and pin together. Using a straight stretch stitch if you have one on your machine, or a straight stitch but pulling the fabric slightly, sew 6 mm (1/4in) from edge.



3

Trim the seam allowance of the band.

4

Fold band over to inside and sew down from front sewing in the seam line. Trim the seam allowance and press.



5

With **wrong sides** together sew the shaped centre seam (1.5 cm from edge). Trim the seam allowance as shown.

6

With the wider seam allowance laid over the trimmed seam allowance top-stitch approx. 6mm (1/4 inch) from the first line of stitching. Trim the excess seam allowance.



7

Work the 2nd (underneath) front panel: Place **right side** of the fly band to **wrong side** of the fly shaping and pin together. Sew 6 mm (1/4in) from edge. Complete as for step 4, but folding band to outside.

8

Join the shaped centre seam as given for steps 5 and 6.

9

Place the 2 pieces on top of each other as shown.



10

With **wrong sides** together pin the side seams of front and main panel together and then using a straight stretch stitch if you have one on your machine, or a straight stitch but pulling the fabric slightly, sew 1.5 cm in from cut edge. through all layers. Trim the seam allowance of the centre panel of the pants. Press the seam.

11

With the wider seam allowance laid over the trimmed seam allowance top-stitch approx. 6mm (1/4 inch) from the first line of stitching. Trim the excess seam allowance.

12

Complete the briefs as given for steps 3—12 of the girls briefs.



The briefs with comfort shaping can be made without the fly. To do this cut the front panels out without the fly shaping - only cutting 2 pieces (to make one layer). Join the centre front seam as given in steps 5 and 6, then join to the main panel as given in steps 10 and 11.

The briefs can also be made without the comfort shaping and with or without the fly. Cut one piece of the front panel (without shaping) - cutting to fold. Join as given for steps 10 and 11. OR cut 2 pieces to fold—also cutting out the fly shaping. Create the fly and join to main panel as given for steps 2-12.



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